# **Adjusting the rucksack frame**







## ... continuation





#### Adjusting the load-bearing system to fit the user's body.



Loosen the two top straps.



Likewise, loosen the two straps on the rear side of the frame.



Using the Velcro strap, release the broad, vertical strap that binds the shoulder section to the hip belt.



Use the buckle on the vertical strap to adjust the distance between the shoulder section and the hip belt. Adjust so the upper edge of the hip bone is a couple of centimetres lower than the upper edge of the hip belt. The weight is to be borne by the hip bone. Once the distance between the shoulder section and hip belt has been adjusted to fit the length of the user's back, the vertical strap is locked using the Velcro strap. Then the two straps on the rear side of the frame are tightened. Finally, tighten the top straps. The top straps stabilise the rucksack against the back and can be tightened or loosened as you walk to suit the type of terrain.

#### B Adjusting the hip belt



The side straps enable the rucksack frame and its packing to be adjusted and pulled in towards the hip, thereby improving balance.



The hip belt has a click buckle. It is possible to adjust the size of the belt on both sides of the buckle to fit the user.

### C Adjusting the shoulder straps



The length of the shoulder straps is adjusted with buckles.



The chest strap has a click buckle and adjustable width. It holds the shoulder straps together at the front and moves the point of gravity forwards.

#### Attaching packing



There are straps for attaching packing on the frame. More straps can be attached if needed.



Let the packing rest on the foldable support stand. Before carrying firewood, bind the logs together with straps.